Donation Guidelines and CARES Northwest Wish List

Essential items, clothing, toys and activities needed for the children and youth seen at CARES Northwest are listed below. Staff distribute donations after a child or youth completes an evaluation and as needed. Donations stock our waiting rooms and toy bins for patients to use while they are in the clinic.

Please note our toy donation guidelines and restrictions:
- Due to infection control requirements, we can only accept BRAND NEW items.
- Toys used in our waiting rooms must meet hospital standards for cleanliness. They must be able to be cleaned between each child (plastic, wood, or other solid materials).
- We do not accept toys that depict violence, abandonment, or are sexual in any way. This includes dolls, such as Barbie, dressed in swimwear.
- We ask that donations are not gift wrapped or in gift bags.
- Out of respect for all cultures, we ask that donations are not holiday themed.

Instructions for delivering gifts to CARES Northwest:
Donations may be delivered any time during office hours. However, we encourage you to schedule a mutually convenient drop-off time. Please contact the Volunteer Coordinator, Carrie Summers-Nomura, for questions or to set up an appointment.
Email: cesummer@lhs.org
Phone: (503) 276-9054

Would you like to make a cash donation?
Cash donations allow us to purchase arts and crafts supplies, distraction materials, therapeutic resources, and snacks. Please visit http://www.caresnw.org/ and select Support CARES at the top of the page to make a cash donation.

We are happy to provide BUT we always provide receipts for all in-kind donations, whether requested or not.

Please continue for a list of our most needed toys, clothing, activities and other requested items.
CARES Northwest Donation Wish List

Gift cards ($25 or less)
Target, Fred Meyer *

Toys and Activities
Little People toys *
One-piece washable toys
Cause & effect toys
Rattles
Paw Patrol
Mickey Mouse
Puppy Dog Pals
My Little Pony
Peppa Pig
Action Figures and Superheroes
Star Wars
Jurassic Park
Dinosaurs
Littlest Pet Shop
Polly Pocket
Hot Wheels
Remote Control Cars
Advanced board games (ages 8 – 10+)
Arts & craft kits
Small Lego sets (50 -200 pieces)
Squishes
Kinetic sand
Sports memorabilia (Blazers, Timbers, etc.)
Soccer ball *
Nerf balls
Brain teasers
Noise canceling headphones *
Mini retro handheld gaming consoles
DVDs (children’s movies)

Toiletries
Regular size shampoo, conditioner, deodorant, liquid/bar body soap,
wash cloths, toothbrushes

New Clothing
Ages 2 – 8 *
Shirts, sweatpants, leggings, hoodies, socks

* largest need