

THREE ways to keep kids safe as they head back to school

September means back to school, which also means new and old friends, learning and fun activities. At CARES Northwest, we want ALL children to have the great childhood they deserve; filled with relationships that are safe, respectful and fun.

Here's what you can do:

1. School pick-up and drop-off safety

- Give your child's school the names of everyone who can drop them off or pick them up.
- Tell the school if you are concerned about someone who may want to visit or pick your child up from school.
- Tell your child who is approved to pick them up or drop them off.

2. Safety with friends and classmates

- Discuss bullying and cyberbullying with your child.
- Let your child know how to respond to bullying and cyberbullying, including who to tell if it happens.
- Talk with your child about consent and the importance of respecting decisions about their bodies.
- Always know where your child is and who they are with.

3. Safety with adults

- Ask your child's school about their training around appropriate touch between staff and students.
- Talk to your child about consent and body rights.
- Respect your child's choices about touch.

For more safety tips, visit the [Kids Health website](#), the CARES Northwest [resources page](#) or [The Parent Guide](#) on the [Teach Consent website](#).