



Donation Guidelines and CARES Northwest Wish List

Essential items, clothing, toys and activities needed for the children and youth seen at CARES Northwest are listed below. Staff distribute donations after a child or youth completes an evaluation and as needed.

Please note our toy donation guidelines and restrictions:

- Due to infection control requirements, we can only accept BRAND NEW items.
- We do not accept toys that depict violence, abandonment, or are sexual in any way. This includes dolls, such as Barbie dressed in swimwear.
- We ask that donations are not gift wrapped or in gift bags.
- Out of respect for all cultures, we ask that donations are not holiday themed.

Instructions for delivering gifts to CARES Northwest:

Donations may be delivered any time during office hours M-F 9 – 5 . However, we encourage you to schedule a mutually convenient drop-off time. Please contact the Volunteer Coordinator, Kristen Campbell, for questions or to set up an appointment.

Email: krcampb@lhs.org

Phone: (503) 276-9054

Would you like to make a cash donation?

Cash donations allow us to purchase arts and crafts supplies, distraction materials, therapeutic resources, and snacks. Please visit <http://www.caresnw.org/> and select Support CARES at the top of the page to make a cash donation.

We always provide tax receipts for all in-kind donations, whether requested or not.

Please continue for a list of our most needed toys, clothing, activities and other requested items.

CARES Northwest Donation Wish List

Gift cards (\$25 or less)

Target, Fred Meyer

New Clothing (*biggest need*)

Girls and Boys (sizes 4T – 16)

Teen Girls (sizes 1 – 13 & S - XL) & Teen Boys (sizes S – XL)

Long sleeved and short sleeved shirts

Sweatpants

Hoodies

Shoes (sizes child 11 – 6) & Adults (sizes 5 – 11)

Coats (all sizes children and adults)

Toys and Activities

Fidgets

Little People toys

Dolls, barbies (diverse skin colors appreciated)

One-piece washable toys

Cause & effect toys

Paw Patrol

Disney

My Little Pony

Peppa Pig

Action Figures and Superheroes

Star Wars

Jurassic Park

Dinosaurs

Littlest Pet Shop

Polly Pocket

Remote Control Cars

Advanced board games (ages 8 – 10+)

Arts & craft kits

Small Lego sets (50 -200 pieces)

Kinetic sand toys

Balls (soccer, basketball, football)

Nerf balls (no weapons)

Brain teasers

Noise canceling headphones

DVDs (G rated children's movies)

Individually packaged dental floss

Travel sized shampoo, conditioner, deodorant, liquid/bar body soap

Toothbrushes

Questions? Please contact Kristen Campbell (503) 276-9054



cares
northwest

Protecting children, healing lives.